### Help us help the homeless



**Ealing Soup Kitchen** is a Christian charity that helps anyone who needs hot, nutritious food & a helping hand. To help the 150 people we see each day, we need your help!

#### How you can help!

**Fundraise for us!** If you are about to fundraise, we always welcome sponsorship

Donations: We rely on donations to fund our work

**Volunteer:** If you have any spare time to get involved, we'd love to hear from you!

Clothes: Check our website to find out what we need



Serving the homeless since 1973



Contact Angela Loundes to get involved

0780 372 8288 | ealingsoupkitchen@outlook.com

Community | Meals | Kindness | **Ealing** | Sharing | Warmth

# How we help



**Ealing Soup Kitchen** open our doors 4 times a week, welcoming up to 150 people each time. We help the homeless, vulnerable and impoverished by providing a hot meal, advice, shower, clothes, haircuts and foot care. We see ourselves as more than a soup kitchen, we are here to listen, give advice and say prayers in order to help people to help themselves.

#### Monday Evening Hub

6 - 8 pm Salvation Army Hall 6 Leeland Road

#### Friday Hub

1 - 3:30 pm The Crypt, Ealing Soup Kitchen St John's Church

with regularly scheduled workshops

## Saturday & Sunday Soup Kitchen

3:30 - 5pm Church Room St Johns Mattock Lane



and find out more about how we help





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